

## **What does life *want*?**

OK, kind of a big mega essay for myself:

The supreme question... What is it that life wants?

## **what *doesn't* life want?**

So the first question is... What *doesn't* life want?

Life does not desire to be static, same same, boring and predictable.

Life seeks to be dynamic, ever-changing ever different, with great joy of expansion change, dynamism and growth.

## **Plants and trees**

So one thing that I'm kind of randomly getting into, is like gardening, growing trees and taking care of them, watering them etc. What's kind of interesting and very impressive is, how resilient and robust these plants are, and how, against all odds they seem to thrive and even the most difficult of situations?

Plants desire to multiply, have offspring, and grow. They desire ascendancy over other organisms.

I think humans are the same. The natural inkling is to have kids, ideally a lot, in the past it was kind of a wealth thing, but also a pragmatic one, other things in between?

## **Why does this matter?**

So at the end of the day, the reason why this matters is because, everyone is trying to seek some sort of end goal in life. And if you are chasing the wrong thing, worst case scenario... You get it?

## **Supreme health and zen.**

Things that have noticed, if I have a supreme league great night of sleep, a bulletproof 11 hours, lots of physical activity during the day, lifting weights at least once, lots of walking, sunlight, thinking, and a glorious dinner, ... ideally a shit load of meat,.... then, anything and everything is possible desirable and great!

For example, I don't know... I have like an insanely strong disposition, and a high stress tolerance, and, insane self-confidence, and, Zen stoic calm,... but I'm starting to wonder now... Maybe like most people shouldn't invest in bitcoin or MSTR or whatever because, I don't think they could just handle the volatility, they don't want it, they don't desire it, even if you are guaranteed insanely huge monster gains, if you're patient enough to wait on an annualized basis?

It's kind of funny because my whole life... It's kind of been one volatile roller coaster, and ever since the age of 12, I've built an insanely thick skin, and also stoic disposition. Even in my grand Street photography journey, ... once again, more insane self-confidence, to probably the most difficult art and form of photography out there.

And now... My bitcoin journey, I have to admit there are even some days where it is hard for me to stomach or calm my nerves with the volatility.

But then, perhaps this is my grand calling, to help others ride the fire dragon or the fire horse to your benefit.

## How to do it

So the first interesting thought from Nietzsche,

*everything happens as it **ought** to have happened.*

And also, everything that happens in your life, is actually supremely desirable in a good way?

I think 99.999% of life, is some sort of low level regret. But, “pangs of conscience are indecent”--> so rather than trying to use your mental brain power to beat yourself on why you made a foolish decision, rather more constructive to think, “perhaps,, for reason unknown, what I did, how it happened, happened in the supremely best manner possible?”

Like I'll give you example... Bitcoin has dipped insanely hard the last six months, even shocking myself. Yet, in an alternate future, there could've been a situation in which I did something else in which it went higher, and then I would blow up even harder in two or three years?

So then, the mental jujutsu event is, thinking God in the heavens, Zeus or whatever you believe in, that in fact, thank God things happen the way it did, almost in some ways thinking, ... *things were almost predestined to happen the way they did?*

Now I do not believe in predestination or the cosmos or whatever, but in some ways this line of thinking is probably the more positive optimistic and constructive one.

## **ah ah ah ah staying alive, staying alive!**

Frankly speaking, the only thing that we should be concerned about is death, the death of your kids, loss of life, or even... Some sort of like paralyzing, losing a limb or some critical life functions. As long as you wake up, and you're alive, you're still walking you're still breathing, your kids are healthy and happy, consider yourself infinitely blessed.

## **so now what**

So I think the big idea I have is, in terms of economic fitness take the Spartan economic approach. Just buy the cheapest groceries, just buy the cheapest stuff on Amazon whatever. Drive your Prius for 1,000,000 miles, never be a loser who has to pump premium gasoline. Ignore Elon Musk because even though he's probably the greatest entrepreneur of all time, you don't need to purchase a Tesla in order to admire him.

And no no no, you do not want the Lamborghini, this is essentially a wheelchair on steroids. Throw it into the trash.

## **Travel, traveling experiences**

I do believe honestly that, travel traveling, living abroad has many great virtues. And the truth is, even though America's probably the best place for stability and economic opportunity, I do genuinely think that life in Asia is far superior, especially in Southeast Asia, Vietnam and Cambodia etc. But, if you're currently not there, then we should also adopt a Zen practice to simply delight in what we do have in terms of our advantages in the states?

For example in America ironically enough, we do have better access to fresh air, nature, ability to go on hikes etc. Asia even though the quality of life is far better, often extreme heat and pollution makes even being outside untenable.

## **happiness is in your legs!**

I have never met anybody who walks for eight hours a day who is depressed. Also, assuming that you could lift 2000 pounds with your legs, you're going to feel great.

My general thought is happiness is in your legs, anything that could get you walking and moving and doing stuff is good. And I think this is the great virtue of street photography, just giving yourself the opportunity to go out, shoot photos, talk to

people, be artistic, be in the Zen zone of making photos and art, this is extremely awesome.

### **to be a philosopher first start by walking , taleb**

When in doubt just walk more!

ERIC

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### **Do things out of strength not weakness**

I think this is kind of a deep thought, that any of your actions in life should never be done out of fear but rather enthusiasm?

Therefore it is your duty as a man or a woman or a philosopher, to indefinitely augment your strength? However you define it?

### **so how to do it.**

*Zero penetration but painful.*

So then, in life, just ensure you get a position where you don't die, the bullets may be painful, but, your live!

ERIC

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### Camera talk

Frankly speaking, I think the only camera in the whole universe which is probably kind of worth right now is the [Ricoh GR monochrome](#). Nothing else.

### no more Leica

If anything, only the [GFX RF, by Fujifilm](#), might be interesting but the downside is, it's still probably too big and heavy.

### where to find inspiration

If anything I'm getting more inspired by [RICHARD MILLE](#), ... because of the insane detail and the precision.

And it's not even about the watch, but the ethos behind it?

### Cars?

It's still so funny, honestly speaking... My current favorite car is probably the new Prius prime plug-in, in Silver.

Assuming you have to commute for a living then, simply owning the cheapest Tesla with auto pilot may be the best option but the truth is you actually don't want to be driving a car ever if possible. Either walking or just taking the bike if possible.

## **Then what**

We love the f\*cking action!

Maybe just visualize yourself as a Spartan 300, delighting in battle, ... and it is your supreme joy!

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