Energy Poverty

So I'm currently reading the principles of economics by Saifedean, and I really love it. I realize that in my life, I've only ever been interested in media and things which actually gave me real life utility or payoff for practical live reality, real joy hope optimism faith etc.

So for example, the logic of a lot of modern day living I think can greatly be benefited once we actually put into words and precisely define the terms in which we are engaging in. So for example, energy power, poverty prosperity, trade money, capital labor etc.

In fact, economics might be the most important field to study in the practical pragmatic sense that assuming that you've ever handled a \$100 bill, purchased anything on Amazon Amazon prime, been to Whole Foods, traveled, bought an airline ticket, purchased an apple device, filled up the gas in your car or supercharged your Tesla or electric vehicle, or even better yet... Turned on an airconditioning unit or heater or put on a down jacket, you will know that these things matter.

Energy poverty

So one thing I've realized is I wonder... If 95% of the world's misery has to deal with energy poverty.

For example, heat and air conditioning. For example if you've ever tried to sleep in this while touring hot humid 105° weather in Southeast Asia or Dubai, you know that life without air-conditioning is not a life worth living. During the day I don't need air-conditioning, but certainly at night, it helps me sleep. I almost cannot sleep without air-conditioning on.

Also, in a lot of the industrialized world, especially having spent time in Michigan, the East Coast, Providence Rhode Island etc., and even Los Angeles during the winter months, it gets fucking cold, really really late at night or really really early in

the morning, or just in general.

No one bizarre thing I found is a lot of Americans Asian people etc., are far too Puritan when it comes to heating. They are very very stingy about cranking on the heat!

In fact, I think to waste electricity or energy on heat and air conditioning is virtuous; because once again, cold and frigid bodies leads to human misery.

As a consequence, some strange individuals think that it is a virtue and that it is virtuous to be miserable? And that it is somehow advice to be prosperous, rich successful, and happy?

The virtues of misery?

I'll give you a real example; typically if you've been from any sort of immigrant family, in which your parents were not born in America but came here in search for greater economic opportunities, you'll know what I'm talking about. Typically we are taught that to overcome difficult difficulty and suffering is a virtue, and that a life of ease happiness joy and leisure is a vice?

Yet the strange thing that a lot of these people living in poverty then say is that they brag about how they know about other random people or super super rich? Very strange.

I almost wonder if now, behind closed doors, other people then brag about how rich and successful I am?

Anyways, doesn't really matter; I wonder than if once again, critical issues here:

first, the general idea is that if you have the option, and you're most certainly do, make your habitation as comfortable as possible! What this means is structure your world in such a way that when you're at home, just adjust the heat or the cooling or whatever, to make your home as comfortable to you as possible. And when you're sleeping, try to change the thermostat to whatever temperature helps you sleep well!

in fact, my practical thought is assuming that you are like some sort of investor or money making machine, the very very practical and pragmatic thought is that in fact, you should prioritize your sleep exercise and food in such a way that helped you maximize your optimism joy and happiness and personal productivity because the greater you take care of your own personal health habitation climate food and sleep, the more productive you will become, thus yielding you more money accumulation etc.?

What is poverty?

So if we think about money or like heat or energy, perhaps we should consider heat loss.

What is heat loss in economic terms? Your car payment, your mortgage payment, your rent, your subscription services, maybe your credit card payments?

Visual ease for our eyes

I think I've got it figured out; I think the reason why I really like Matt Black, or a nice matte black wrap on a car is that it provides some sort of visual ease. Like when you look at a really really nice met black car, all matte black everything, matte black is very very easy on the eyes. It has a beautiful sheen and Verneer, is not distracting, yet pleasing!

I also think the same things with homes, clean white paint on the walls, and neutral gray or stone colored surfaces and fixtures? For example, for fools who think that colors don't matter; would you want to paint the tears your home brighter red? Probably not you'll go insane.

Or would you want to paint your countertops of your kitchen like some sort of acidic looking green color? No!

As a consequence, I think colors are very very important. Typically colors which provide some sort of visual ease are derived from nature. For example, we like the color of green because it is the color of life, just imagine the windows 95 or the windows Vista wallpaper. We love a blue sunny sky with rolling green verdant Hills. Or think about Sapa in Vietnam same idea.

What is consumerism?

My innovative thought is that consumerism and capitalism is not the same thing. Consumerism is the exact opposite of capitalism.

Capitalism is all about capital accumulation, whereas consumerism is blowing it.

Or in more crude terms, capitalism is like semen retention, and consumerism is blowing your load.

Why?

The general way that consumerism works is that you are exposed to advertisements which convince you that somehow your life is incomplete and miserable and unhappy and that in order to seek happiness, you must purchase XYZ in order to make you happy. And then it becomes like a mathematical equation somewhat: the more units of XYZ you purchase, The higher degree your happiness will become.

I've also discovered that promoting minimalism and reduction is not a profitable path. For example, encouraging people to not waste their money is not profitable.

However, getting a bunch of losers to buy overpriced loser stuff is profitable.

Body shame

So the first way that consumerism does this is that it makes people feel ugly. It makes people feel ugly in terms of their body, body shape, body composition, and it just makes people feel ashamed about being naked.

So for example, as a consequence, people feel ashamed of their bodies, and do everything in their power to hide their ugliness.

My personal theory on why there is this new trend of people wearing really really baggy clothes and jeans and sweaters and hoodies and stuff is precisely for people to hide their ugliness.

For example, you would only ever wear short shorts if you actually have impressive legs or a butt or behind to show off.

Or if you're a man, you would only ever walk around topless without a shirt on, if you have a beautiful or impressive upper body.

Or as a woman, similar speaking you're only probably walking around in a sports bra or a bikini if you also have impressive muscles, and also a low body fat percentage.

Can you spend money to hide your ugliness?

You see this all the time; especially vehicles. I also have a theory that purchasing a vehicle is like buying a really really expensive article of clothing; once again to hydrogenous you hide behind your car with 5% limo tint. Do you want to feel cool sexy grand powerful indestructible master of the road etc ,,, and you do this by jumping in your loser Range Rover, or your loser AMG wagon, or your loser Porsche etc.

The only people I trust are people who drive without any tint. And do not wear sunglasses or anything that covers up their eyeballs, or anybody who also has facial hair, which is the new modern day trend to hide the ugliness of your face or your double chin, or a baseball hat or a hat of any sort which is also another way to hide your balding or your ugly head.

what is true power?

So some guys with low testosterone, who want to seem tough and strong or whatever, buy all these firearms and guns because it makes him feel tougher more dominant more powerful etc. But the truth is it makes your dick size smaller, what does a typical gun owner look like? Typically somebody who spends too much time on Fox News, alternative right wing Facebook, and is always reading some weird quick bait about how liberals are ruining everything.

And also, this fake fear mongering.

So for example if you have a gun, the excuse is that it is for "self-defense". But if you need to self defend yourself, it is a sign of fear. The general fear is that somebody else might have a gun or some sort of firearm or knife or something, and that somehow you need to "defend" Yourself and your family etc. But there is not a positive aggressor factor; nobody ever buys a gun within intention to physically positively attack somebody, unless your hobby is hunting wildlife going to the shooting range whatever.

So then, the only rational reason for somebody to own a gun is out of fear. But then, if you're a real man and have no fear, what is the use of a gun? None!

Fear marketing?

FOMO fear of missing out, or, fear of missing out on some sort of economic opportunity which could alleviate you from your economic suffering and poverty.

So the reason why this is so insidious is that once again, a lot of this fake news or click bait you see on the Internet is predicated around fear. If you do not read this article somehow you will be at a loss, or that you and your future family or your bank account can be harmed.

What is so fascinating about bitcoin is that actually, it is the opposite. In some ways, you are not afraid of chaos because chaos actually favors you; in some ways you actually *desire* chaos!

For example, the more chaos uncertainty inflation and bad economic policies there are on the planet, bitcoin benefits and so does you!

So whenever you hear about inflation whatever blah blah and the economy is going to tank, the simple strategy is to just buy Bitcoin because the more fear porn you see in the news and the media, the better the return of your bitcoin!

Financial freedom within four years?

Retiring within four years?

I do not know a single human being who actually wants to work and labor. Similarly speaking, I do not know any individual in which it is his autotelic passion to be working at said tech company. They would rather retire, live free, travel the planet and the globe, etc., be chilling on a beach somewhere etc.

Even a question I often ask people is that assuming that you're a trillionaire whatever, what would you rather be doing? If the entrepreneur's job or desire is to actually discontinue doing the things that they are already doing, it is typically assigned that whatever they are engaged in is a means to an end not the end in itself. And therefore I feel like the logical strategy in life is to think about the end and work your way backward; like think about if you were a trillionaire, worth \$100 trillion, and that number is Actually going up faster than you could spend it, if that is the case, once again, what would you rather be doing?

So for example for myself, my general passion is movement, travel, being in different places, weightlifting, building up my body, enjoying the beauty of my body my muscles my flexing, sharing new exciting ideas which inspire me, and also empowering other human beings? Who are in the same boat as me?

I am a pretty ordinary person

My general belief is actually, I am a super super normal ordinary person. I don't believe in genetics, I believe that genetics is like eugenics 2.0 or racism 2.0, I truly believe that almost 99% of our potential is sociological, training, education knowledge etc.

Certainly there are certain things which are malleable and not.

If you are a fully grown adult, having \$1 trillion in your bank account will not make you taller. If you are a born a dwarf, like you're a 4 foot tall man, or 3 foot tall man, once again I'm being a trillionaire will not make you 6 foot two.

And also, there are certain things that one cannot do like change the proportions of your face, like distance between your eyeballs etc. I call this the hammerhead shark index; some people naturally have eyes which are more further apart like a toad, etc.

Yet what is one thing that any human being can do on the planet? Increase their muscle mass, decrease their body fat percentage, and also something which is slept on; getting a lovely tan!

The new dark skin racism

So in Korea, to be really really dark and tan is seen as a bad thing. Do you want to be white to like the emperor, because the emperor can stand in the shade all day, while their servants and slaves does all the dirty work in the sun.

House slave or field slave?

House nigga don't fuck with me I'm in the fields nigga, go shine cutlery - JAY Z

Probably one of the most interesting songs on entrepreneurship is the story of OJ by Jay Z. Jay Z outlines it easily; the path to riches wealth and success, and avoiding the pitfalls of poverty.

For example, the importance of credit. Also not blowing your money at the strip club.

"I bought every V 12 engine, wish I could take it back to the beginning"

The way I interpret this quote is that Jay Z's regret is that he wasted all this money in purchasing these expensive V dub engines, to dull his senses, kind of like some sort of self euthanasia?

I think then what Jay-Z wishes he did is that taking all that money and capital that he wasted on these expensive cars, and investing it in a creative investments instead. For example, his regrets not buying more real estate in Dumbo, and feeling Dumbo about it.

Now JC is a great model but also he is a bit dated. I think like I'm the new Jay-Z; except that I have legs that could run the world. Until you meet somebody who could lift 1000 pounds without steroids, fasted, nobody is superior to ERIC KIM.

The new blueprint

The orange print:

My personal thought is the only good out of money is to purchase beef, beef ribs, beef liver, pasture raised eggs, with the really dark orange yolks, beef tongue, organ meats, bone marrow, and weightlifting equipment.

Also, one of my greatest joys of something I invested in which I think is actually super super smart is purchasing two 50 kg weight plates. they are made out of steel, which means that you could pack more weight into a smaller footprint. Each weight plate is 110 pounds, and because it is made out of solid steel, I am very very certain that these could last until the time that Seneca becomes 36 years old, and has a son of his own.

The first born son of the firstborn son of their firstborn son

So one of my great gratitudes is that I was born into a position of privilege; my father was the first born son, I think he was the oldest. As a consequence, because I was the first born son the oldest son of the oldest son, I was treated like a king by my grandma. And I am grateful to my grandma for this.

As a calm consequence, I grew up with zero inferiority complex in fact, I probably grew up with this **superiority complex**. in some ways I'm like Kanye West on steroids. Why? Kanye has always had an inferiority complex because he was a Shorty guy, I think he's only like 5 foot six? And I'm like 5 foot 11? And as a consequence, I have never felt small in my life?

Also I suppose the gratitude is in the big area where I grew up, most of the kids in my school were Asian Asian American, so once again, I never felt like a minority? I'll always felt like I was a part of the majority.

Maybe also the benefit is that Seneca, and I am so grateful that he was born the way he is, and that he is the next generation, the next heir to the throne. He's like Simba and I'm like Mufasa. Or, he's like the next King Leonidas.

Training

My ethos and approach to raising Seneca has been super simple: 100% beast boy carnivore beef diet, and maximum physical exercise and engagement with embodied reality and the world. This means maximum exposure to the elements, being outside, in the direct sun, playing at the playground, and now riding his bike around everywhere.

From the Facebook buy nothing group we got this wonderful balancing wooden bike, with no pedals. From one Seco was maybe a year and a half, he would just walk it around like a walker, on the side, and then randomly like six or eight months ago, he jumped on it, and now he's off! Also I bought him these LED bike helmet lights, and also front and rear LED lights, and outfitted his balancing bike with it, and he loves it! And also as a parent I'm happy because it improves his visibility by at least a factor of 1000 X, especially when he rides when the sun goes down, and as a consequence, he feels so much pride!

True pride

Country to popular believe, I think consumerism discourages you from having children. Why? Kids are not as profitable as single working adults.

So for example, both men and women, the consumerist, the consumerist ethos is you never want to have a kid, because they will cramp your style, prevent you from traveling to Japan and eating good omakase sushi in Kyoto, whatever. But actually, on the contrary, the wise capitalist actually has a desire and urge to have as many children he can as possible, Because he knows that having children is accretive, whereas having dogs or other loser things is dilutive. Or driving any vehicle which requires premium gas is dilutive.

Therefore the wise capitalist would only drive some sort of old used Toyota Prius, because he wants to invest 99% of his money into bitcoin and micro strategy stock, because it will pull up forever with phenomenal gains, whereas somebody who is thinking that the world is going to end is going to buy some sort of loser Porsche Ferrari, because he thinks that his only life right now can be enjoyed right now, and he will have nothing to laugh to bequest his inheritance to.

Accumulating riches

An interesting scene in the movie 300 is when King Leonidas is climbing the mountain to talk to the ephors, and he has in a little sec a container full of many gold coins.

This was an interesting scene to me because the common understanding is that Spartans live in poverty, but I suppose they also have gold and gold coins! But the only use it when they need to, in regards to war defense etc.

And once again, if I told you with 100% certain that your life would be secure forever, and no one would ever try to physically assault you your family or kids your life, wouldn't there be zero incentive to purchase a gun or any other sort of self-defense weapon?

why would you trade paradise away?

Bitcoin is Paradise. Like a mobile paradise you could always carry with you everywhere you go. Why would you trade it for some sort of second best thing?

The only constant is change

Refusal to change is the hopgoblin of weak souls.

Why is there such a resistance to change? I think a new one who is resistant to change is a coward.

For example, let us say that you were a lead night, and that you were afraid that the printing press would put people out of business, or that the mechanical room would impulse people whatever, and as a consequence, you make it your life purpose to destroy all of the printing presses and the looms.

Or, let us say that you're also want these silly people who think that somehow, AI or robots or whatever will destroy all these human jobs and labor. You fool, don't you know that this is just going to usher in some of the newest greatest prosperity of all time?

Labor

So what a lot of people don't understand is that once again, in the past, we were all about the horse carriage and buggy, once the automobile came along, were there a bunch of people who were afraid that somehow the automobile would put people out of business who drove the horse and buggies?