



CRUISE THOUGHTS

ERIC KIM

HIGH VISIBILITY OR LOW- VISIBILITY?

DO YOU WANT TO BE SEEN, OR NOT?

A thought— when is it better to be high-visibility (if you're a freeway worker), and when is it better to be stealth (low-visibility) like a stealth fighter jet?

HOARDING VS MINIMALISM

DEPENDS ON THE SITUATION.

When is it better to be a hoarder and to 'over-pack' (if you're on a 7 day cruise, with no access to stuff). When is it better to be minimalist? (If you're living on the road nomadically for a year, and you need to travel as lightly as humanly possible).





THE BEST WAY TO DISCONNECT

**TIE YOURSELF TO THE MAST LIKE
ULYSSES**

Go on a 7-day cruise. No access to
the internet.





HARD PARENTING

THE STOIC-SPARTAN SCHOOL OF HARD PARENTING

I don't want my child Seneca to be soft. I train him hard and feel zero remorse. Why? It is 'good' for him.





FUN AND HAPPINESS?

THE AMERICAN WAY?

Once you maximize your happiness and fun in life, then what?



CRUISE AS PSEUDO-UTOPIA

IT LACKS NOTHING.

You travel, all your food is taken care of (buffet, and 'fine dining' sit down dining), social interaction, the gym (Carnival Panorama cruise even has 100 pound dumbbells!), infinite options for relaxation, swimming and activities, etc. Also stopping by some locations. Unlimited coffee on tap.

What else does one 'need' in life?





UNEXPECTED.

KEEP THEM GUESSING.



DON'T BORE YOURSELF.

KEEP IT INTERESTING FOR YOU.

When you're creating stuff, making stuff, writing, etc — prevent yourself from making things which bore you, or seem predictable to you.

To shock, awe, surprise others (especially yourself) is the goal.

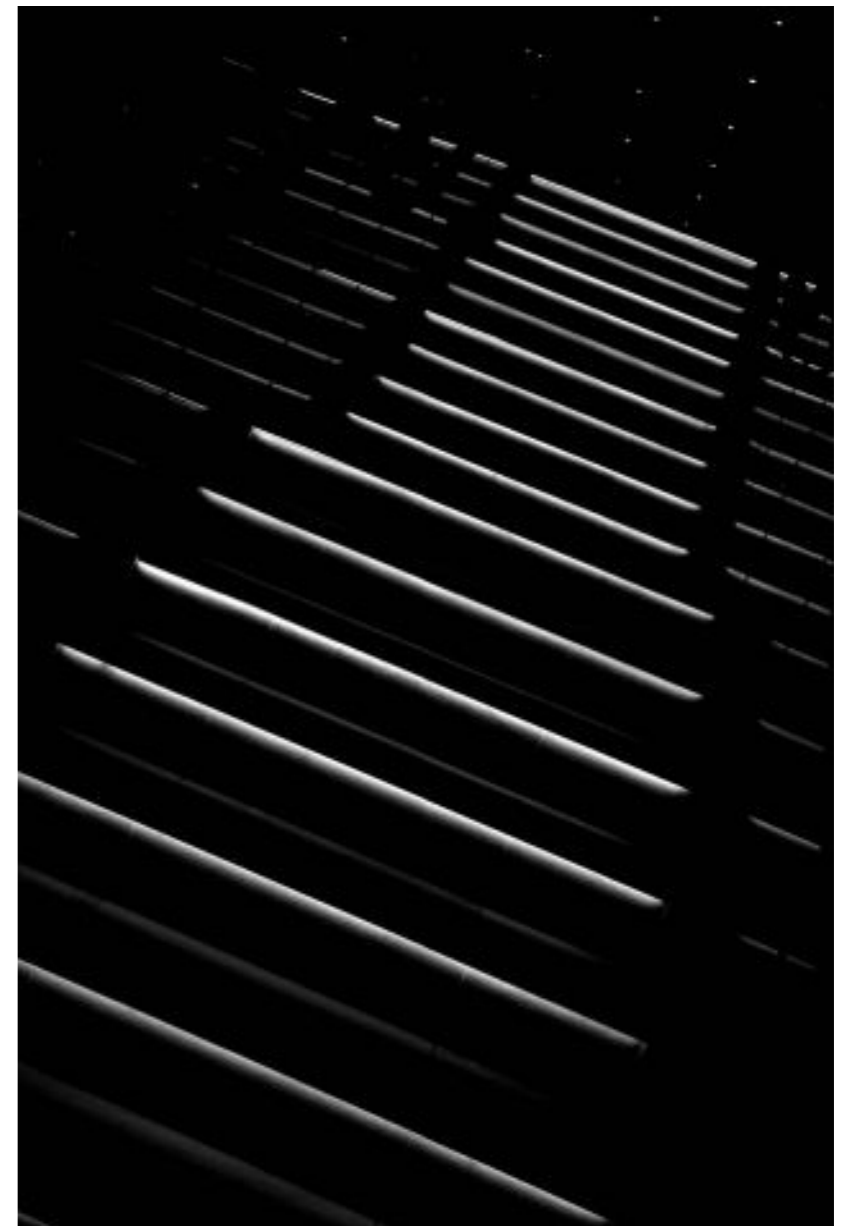


MOST PEOPLE AREN'T INTERESTING.

INTER PARES

Avoid interacting with uninteresting people. Seek your equals. And if you cannot, seek your equals in history (dead artists, dead philosophers and entrepreneurs), or currently living ones like Elon Musk/Kanye West.

Your goal: **become more interesting.**





CRUISE HACKS

CRUISE AS THE BEST PLACE TO BE PRODUCTIVE?

No breakfast, no lunch. When you wake up, tons of (free) coffee. During the day, walk around, think, shoot photos, write. Workout in the cruise gym (100 pound dumbbells), then hit either the burger buffet (order 10+ beef patties) or go to dinner and have unlimited steaks.



WHAT TO QUANTIFY, WHAT *NOT* TO QUANTIFY?

YOU DECIDE.

Quantify how much meat you eat in a day (how many burger patties, how many eggs, how many steaks), and your PR's (personal records) for your 'one rep max' lifts in deadlift, squat, dumbbell press, bench, etc. Quantify the number of Bitcoin you own (or aspire to own).

What *NOT* to quantify: your bank account, your weight (impossible to know how much of your weight is fat vs muscle mass), social media followers, other numbers.



MORE DEVICES, MORE PROBLEMS.

ISSUES WITH VERSION CONTROL

The more devices you own, the more difficult and tricky things become with version control. Perhaps easiest to just stick with your laptop.

