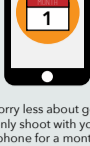


01

Don't leave the house without your camera on your neck/wrist.



03



Worry less about gear: only shoot with your phone for a month.

02

ONE CAMERA, ONE LENS



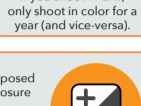
Only use one camera, one lens for the year.

04



Only shoot film for a month.

05



If you shoot in b/w, only shoot in color for a year (and vice-versa).

06

Experiment making underexposed dramatic photos at -1/-2 exposure compensation.

Also try overexposed photos at +1/+2 exposure compensation.



07



Shoot at only one arm length away for an entire month for the .7 meter challenge.

08



Seek to simplify yet also make your photos more dynamic.

09



Shoot only in JPEG for a year to not worry about post processing and to focus more on shooting.

10



Buy a good photo book for yourself at least once a month.

11



Study one master photographer every week.

12



Make photos more like a child. Don't take yourself/your photos too seriously.

14



Do more personal photos by taking pictures of your loved ones: your kids, partner, friends, coworkers, and your parents.

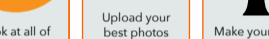
13



#HONOR THY SELFIE

Shoot at least one artistic selfie of yourself everyday for a year.

15



Make one photo album of your family (on 4x6 prints).

16



Look at all of your photos and make a set of your 10 most epic photos.

17



Upload your best photos to Flickr and enable full resolution downloads.

18



Make your own photography blog. Wordpress and smugmug is recommended.

19



Treat photography as a walking meditation. Value photography as important to your mental health.

20



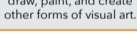
Make a PDF ebook of your favorite photos and share it for free.

21



Make your own photography YouTube channel.

23



Rebrand yourself as a "visual artist". Learn to draw, paint, and create other forms of visual art.

24



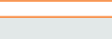
Photograph your morning commute everyday for 3 months. Edit it down to your best 12 photos and publish it as a series.

25



Have one small exhibition show at a local coffee shop with 5 prints.

26



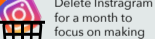
Sell 1 print of your work for \$99.

27



Plan one international photography travel adventure for yourself.

28



Don't compare yourself to other photographers.

29



Delete Instagram for a month to focus on making photos only for yourself.

30



For a year, only make photos that put a smile on your face.

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